

# SUPPERLAND



## ALLERGEN MENU

### Welcome to Supperland!

While we do our best to keep high allergen items separate, please remember all our items are made in the same kitchen and cross-contamination can occur. Please talk to our manager about any concerns.

We will do everything we can to give you a delicious meal. Thanks for joining us!



### Gluten-Sensitive

Please note: We refer to these items below as gluten sensitive (not gluten-free) because we use gluten in our kitchen and cross-contamination can occur.

- Warm Onion Dip
- Roasted Oysters\*
- Raw Oysters\*
- Shrimp Cocktail
- Caviar
- Seafood Tower
- Charred Wedge
- Caesar Salad (*ask for no saltines*)
- Coal-Roasted Beets
- Prime Ribeye\*
- Bone-In Ribeye\*
- Prime Filet\*
- Wagyu NY Strip\*
- Tomato Demi-Glace
- Jumbo Lump Crab
- Dill Cream
- Carolina Gold Skillet
- Wagyu Pot Roast
- Spatchcocked Branzino\*
- Whole Shelled Lobster
- Pork Can Can
- Grilled Poulet Rouge
- Mushroom Risotto
- Glazed Covington Sweet Potato
- Cast Iron Corn Salad (*ask for no chimichurri*)
- Blackened Onions
- Bone Marrow Broccoli
- Wood-Oven Brussels
- Ambrosia Salad
- Creamed Spinach
- Whipped Potatoes
- Banana Split Sundae (*ask for no crumble*)
- Apple Buckle
- Seasonal Sorbet (*when available*)

### Dairy-Free

- Porridge Bread (*ask for no butter*)
- Roasted Oysters\* (*ask for no butter*)
- Raw Oysters\*
- Shrimp Cocktail
- Caviar (*ask for no crème fraîche*)
- Seafood Tower (*ask for dairy-free crab salad replacement*)
- Charred Wedge (*ask for no bleu cheese / buttermilk dressing*)
- Prime Ribeye\*
- Bone-In Ribeye\*
- Prime Filet\*
- Wagyu NY Strip\*
- Tomato Demi-Glace
- Shiso Chimichurri
- Carolina Gold Skillet
- Wagyu Pot Roast
- Spatchcocked Branzino\*
- Grilled Poulet Rouge (*ask for no tomato dill cream*)
- Pork Can Can
- Blackened Onions
- Crispy Smashed Potatoes
- Cast Iron Corn Salad
- Wood-Oven Brussels (*ask for no parmesan*)
- Seasonal Sorbet (*when available*)

### Vegan

- Please note: You may request any of our on-hand vegetables to be cooked on the grill with olive oil.
- Porridge Bread (*ask for no butter*)
- Charred Wedge (*ask for no bleu cheese, no dressing, no bacon*)
- Carolina Gold Skillet
- Crispy Smashed Potatoes (*ask for no sauce, vegan*)
- Blackened Onions
- Bone Marrow Broccoli (*ask for no bone marrow butter, vegan*)
- Wood-Oven Brussels (*ask for no parmesan & no bacon; contains honey*)
- Cast Iron Corn Salad (*ask for no aioli*)
- Seasonal Sorbet (*when available*)

### Vegetarian

- Please note: In our definition of vegetarian, eggs are permitted. Please let us know if you don't eat eggs. You may request any of our vegetables to be cooked on the grill with olive oil.
- Porridge Bread
- Warm Onion Dip
- Brie Bites
- Charred Wedge (*ask for no bacon*)
- Dill Cream
- Shiso Chimichurri
- Carolina Gold Skillet
- Crispy Smashed Potatoes
- Miso Mac & Cheese
- Mushroom Risotto
- Glazed Covington Sweet Potato
- Blackened Onions
- Bone Marrow Broccoli (*ask for no bone marrow butter, vegetarian*)
- Creamed Spinach
- Cast Iron Corn Salad
- Wood-Oven Brussels (*ask for no bacon*)
- Whipped Potatoes
- Chocolate Bourbon Pecan Pie
- Orange Meringue Pie
- Banana Split Sundae
- Chocolate Chunk Cookies
- Apple Buckle
- Seasonal Sorbet (*when available*)

### Nut-Free

- Porridge Bread
- Warm Onion Dip
- Brie Bites
- Sausage Gravy Croquettes
- Roasted Oysters\*
- Raw Oysters\*
- Seafood Tower
- Shrimp Cocktail
- Caviar
- Charred Wedge
- Caesar Salad
- Coal-Roasted Beets (*ask for no benne seeds*)
- Prime Ribeye\*
- Bone-In Ribeye\*
- Prime Filet\*
- Wagyu NY Strip\*
- Tomato Demi-Glace
- Jumbo Lump Crab
- Dill Cream
- Shiso Chimichurri
- Carolina Gold Skillet
- Wagyu Pot Roast
- Spatchcocked Branzino\*
- Whole Shelled Lobster
- Grilled Poulet Rouge
- Pork Can Can
- Crispy Smashed Potatoes
- Cast Iron Corn Salad
- Miso Mac & Cheese
- Mushroom Risotto
- Blackened Onions
- Bone Marrow Broccoli (*ask for no benne seeds*)
- Wood-Oven Brussels (*ask for no hazelnuts*)
- Creamed Spinach
- Whipped Potatoes
- Ambrosia Salad (*ask for no nuts / also clarify if you want no coconut*)
- Banana Split Sundae
- Orange Meringue Pie
- Apple Buckle
- Grasshopper Swiss Roll
- Seasonal Sorbet (*when available*)



\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for food borne illness. These items can be cooked to order.

